

Capital Region Newcomer Resource List



Provided by the Capital District Refugee Roundtable

Services by Category

Child Care

Capital District Child Care Coordinating Council..... 9-10
Catholic Charities of Albany and Rensselaer Counties
(CCARC)..... 11-12
Sunnyside Center..... 19
Unity House..... 19

Clothing & Household Resources

Blessingdales..... 7-8
Dress for Success..... 13
Food Pantries for the Capital District..... 14
Home Furnishings Program..... 14-15
Unity House..... 19

Domestic Violence

Battered Immigrant Legal Services..... 7
Unity House..... 19

Emergency Housing

Families in Need of Assistance..... 14
Homeless and Travelers Aid Society..... 15
Unity House..... 19

Employment

NY Department of Labor, One Stop Career Central..... 11
Rensselaer County One Stop..... 16-17
Schenectady Job Training Agency..... 17-18

Health

Cancer Services Program of Albany County..... 9
Hometown Health Centers..... 15
St. Clare's Family Health Center..... 18
St. Peter's Rensselaer Health Center..... 18-19
Whitney M. Young Jr. Health Services..... 20

Housing

Albany Housing Authority..... 5
Schenectady Municipal Housing Authority..... 18
Section 8 Housing Program..... 18

Library

Albany Public Library..... 5-6
Rensselaer Public Library..... 17
Schenectady Public Library..... 17
Troy Public Library..... 19

Literacy and Education

Adult Learning Center..... 5
Altamont Program Educational Services..... 6
America Works of Albany, Inc..... 6
Bilingual Education Technical Assistance Center (BETAC).. 7
Capital District Educational Opportunity Center..... 10
Capital Region BOCES..... 11
Refugee and Immigrant Support Services of Emmaus..... 16
Washington Irving Educational Center..... 20
Literacy New York Greater Capital Region..... 15
Literacy Volunteers of Rensselaer County..... 16

Mental Health

Albany County Mobile Crisis Team..... 5
Capital District Psychiatric Center..... 10
Ellis Hospital Mental Health Clinic..... 14
Samaritan Hospital..... 17

New York State Agencies

Department of Labor (DOL)..... 13
Department of Health (DOH)..... 13

Transportation

Capital District Transit Authority..... 10-11

Refugee & Immigrant Services

Bureau of Immigrant Workers' Rights (BIWR)..... 8-9

Bureau of Refugee and Immigrant Assistance (BRIA)..... 9

Catholic Charities Immigration Services..... 12

Catholic Charities Refugee Resettlement Program..... 12

Refugee and Immigrant Support Services of Emmaus..... 16

US Committee for Refugees & Immigrants (USCRI)..... 19-20

Youth Services

Arbor Hill Community Center, Inc..... 6-7

Boys & Girls Club of Albany..... 8

Boys & Girls Club of Schenectady..... 8

Boys & Girls Club of Troy..... 8

Center For Family And Youth (Project Strive)..... 12-13

Refugee and Immigrant Support Services of Emmaus..... 16

Emergency Hotlines

Child Abuse & Maltreatment: (800) 342-3720

Drug Abuse Information Hotline: (800) 522-5353

Emergency Service: 9-1-1

New York State Domestic Violence Hotline: (800) 942-6906

Poison Control Center of Central New York: (800) 222-1222

Suicide Crisis Hotline: (518) 689-4673

We would like to thank the agencies that are listed in the directory, as well as Community Cradle and New York Council of Nonprofits, Inc.

Phone: (518) 459-1790

E-mail: info@uscric-albany.org

Website: www.refugeesalbany.org

Language(s): English, Arabic, Karen, Burmese, Russian
USCRI Albany acts to meet the immediate basic needs of refugees first arriving in the Capital Region with case management, employment assistance, English language training, family support services, and volunteer mentor support. USCRI also hosts an immigration clinic that assists immigrants and refugees with adjustment of status, naturalization, family-based petitions, and humanitarian-based immigration benefits.

Washington Irving Educational Center

422 Mumford Street Schenectady, NY 12307

Phone: (518) 370-8220

Language(s): English

Provides GED Program-Day classes, home study and satellite evening classes. ESL, English as a Second Language. Phonics classes, computer classes; Counseling and job coaching; Choices- education and employment; Incarcerated youth education and transition.

Whitney M. Young Jr. Health Services

920 Lark Drive Albany, NY 12207

Phone: (518) 465-4771

Language(s): English, Language Line: (200+ languages), Russian, Spanish

Offers primary medical care in Women's Health, Adult Medicine, and Pediatrics. Ancillary services offered include Mental Health, Podiatry, Optometry, Nutritional Services and Dental. Behavioral Health Services offered through CHEER (HIV/AIDS), FACTS (Outpatient Substance Abuse Treatment) and MMTP (Methadone Maintenance Treatment Program). Centrally located at the Health Center is Bright Beginnings, WIC, and the WIC training center.

Service Providers by Alphabetical Order

Adult Learning Center, City School District Of Albany

27 Western Avenue Albany, NY 12203

Fax: (518) 462-7104

E-mail: ehotaling@albany.k12.ny.us

Website: www.adultlc.org

Language(s): English

Provides basic education, high school equivalency preparation, English As A Second Language, vocational training, vocational and personal counseling, referrals, life skills education, employment skills, and family literacy.

Albany County Mobile Crisis Team

75 New Scotland Avenue Albany, NY 12208

Phone: (518) 447-9650

Fax: (518) 447-1858

Language(s): English

Provides rapid on-site assessment of individuals in psychiatric crisis and appropriate immediate interventions as needed; provides follow-up services and maintains linkages between appropriate service providers; provides short-term treatment to the homeless and indigent and facilitates on-going treatment with existing agencies.

Albany Housing Authority

200 South Pearl Street Albany, NY 12202

Phone: (518) 641-7500

Fax: (518) 641-7545

Website: www.albanyhousing.org

Language(s): English

Provides rental housing for very low, low, and moderate income households in the city of Albany.

Albany Public Library

161 Washington Avenue Albany, NY 12210

Phone: (518) 427-4300

Fax: (518) 449-3386
E-mail: aplweb@uhls.lib.ny.us
Website: www.albanypubliclibrary.org
Language(s): English, Russian, Spanish
Hours: Monday-Thursday 9 a.m. to 9 p.m., Friday 9 a.m. to 6 p.m., Saturday 9 a.m. to 5 p.m., Sunday 1 p.m. to 5 p.m.

Altamont Program Educational Services

134 Franklin Street Albany, NY 12202
Phone: (518) 465-1020 ext. 149
Fax: (518) 434-9970
Language(s): English
Provides preparation classes for individuals seeking their GED. The Adult Basic Education curriculum identifies and describes math and reading skills essential to a workplace literacy program for participants in the vocational programs. ELL programs open only to those either referred by Albany County DSS or those who are food stamp recipients in Albany or Rensselaer County (must have proof that they are a food stamp recipient).

America Works of Albany, Inc.

194 Washington Avenue, Suite 230 Albany, NY 12210
Phone: (518) 465-5627 ext. 101
Language(s): English
The WorkFirst Foundation offers open admissions for all qualifying candidates to become self-sufficient by obtaining and retaining jobs or improving their career positions. ESL classes meet on Monday-Wednesday, 3pm-6pm (ESL) and Tuesday-Thursday, 4pm-7pm (GED)

Arbor Hill Community Center, Inc.

47 North Lark Street Albany, NY 12210
Phone: (518) 463-1516
Fax: (518) 463-2217
E-mail: arborhill@yahoo.com
Language(s): English

Phone: (518) 434-2526
Fax: (518) 434-2595
Website: www.stpetershealthcare.org
Language(s): English
Offers initial health screenings for refugees.

Sunnyside Center

9th St. & Ingalls Avenue Troy, NY 12180
Phone: (518) 274-5986
Language(s): English
Provides daycare for children ages 3-12. Day Care: 7- 5:30; After School: 2 pm - 5:30 pm.

Troy Public Library

100 Second Street Troy, NY 12180
Phone: (518) 274-7071
Fax: (518) 271-9154
Website: www.thetroylibrary.org
Language(s): English
Hours: Monday–Thursday: 10 am–8 pm, Friday and Saturday: 9 am–5 pm

Unity House

401 Monroe Street Troy, NY 12180
Phone: (518) 274-2607
Fax: (518) 274-5438
Website: www.unityhouseny.org
Language(s): English
Social service agency offering Emergency/Poverty Services: food pantry, clothing and household goods, crisis counseling, domestic violence emergency shelter, Domestic Violence Services: crisis intervention, hotline, housing support, advocacy, scattered site housing: housing assistance, case management, advocacy, community residence services.

US Committee for Refugees and Immigrants (USCRI)

991 Broadway, Suite 223 Albany, NY 12204

Website: www.capreg.org
Provides job market information, job search assistance (resumes, interviewing), employee search assistance, computers and resource library, free office resources, support services and training.

Schenectady Municipal Housing Authority

375 Broadway Schenectady, NY 12305
Phone: (518) 386-7000
Fax: (518) 372-0812
E-mail: stans@smha1.org
Website: www.smha1.org
Language(s): English
Studio to 5 bedroom apartments offered in one of seven different developments. Serves elderly and disabled families and individuals.

Section 8 Housing Program

242 Union Street Schenectady, NY 12305
Phone: (518) 372-8846
Fax: (518) 372-8467
E-mail: agerace@jeminc.com
Language(s): English, Spanish
The Section 8 Home Program walks participants through the process of purchasing their first home, and offers them the opportunity to use their Section 8 rental vouchers to receive monthly mortgage payment assistance.

St. Clare's Family Health Center

624 McClellan Street Schenectady, NY 12304
Phone: (518) 382-2260
Fax: (518) 347-5007
Language(s): English
Provides maternal, child health, and medical health.

St. Peter's Rensselaer Health Center

52 Columbia Street Rensselaer, NY 12144

Serving as a resource for the community, AHCC has afterschool an evening programs for youth, a summer enrichment program, HIV/AIDS prevention and peer education program and the emergency food pantry. Service expansions include tutoring/mentoring, intergenerational crafts, and violence prevention programs.

Battered Immigrant Legal Services

119 Washington Avenue Albany, NY 12210
Phone: (518) 462-6831
Website: www.empirejustice.org
Language(s): English
Legal and non-legal services for immigrant victims of domestic violence.

Bilingual Education Technical Assistance Center (BETAC)

10 Empire State Boulevard Castleton, NY 12033
Phone: (518) 477-8771
Fax: (518) 477-1335
E-mail: jvargas@questar.org
Website: www.betac.org
Language(s): English
Provides services to English Language Learners in Albany, Rensselaer, and Schenectady county.

Blessingdales

88 Trinity Place Albany, NY 12202
Phone: (518) 462-0459 ext. 258 or 259
Website: www.capitalcityrescuemission.com/services/blessingdales.htm
Language(s): English
Blessingdales offers clothing, household items, such as bed linens, towels, small appliances, dishes, silverware, etc. Shopping hours for men are Tuesday and Thursday – 9:30 am to 11:00 am and 1:30 pm to 3:30 pm and women are Wednesday and Friday – 9:30 am to 11:00 am and 1:30 pm to

3:30 pm. However, special accommodations can be made by appointment only.

Boys & Girls Club Of Albany

21 Delaware Avenue Albany, NY 12210

Phone: (518) 462-5528

Fax: (518) 462-5540

Language(s): English

Youth development programs for youth ages 4-25. Provides cultural, educational, educational, community service, technology, social and health related activities.

Boys & Girls Club of Schenectady

721 Curry Road Schenectady, NY 12306-2801

Phone: (518) 374-4714

Fax: (518) 374-4433

E-mail: thomas0305@juno.com

Website: www.bgcschenectady.org

Language(s): English

The Boys & Girls Club of Schenectady offers club programs and services promote and enhance the development of boys and girls by instilling a sense of competence, usefulness, belonging and influence.

Boys & Girls Club of Troy

1700 7th Avenue Troy, NY 12180

Phone: (518) 274-3781

Fax: (518) 274-3782

E-mail: nancyd@tbgc.org

Website: www.tbgc.org

Language(s): English

Recreation, educational and social programs for youth between the ages of 6-18.

Bureau of Immigrant Workers' Rights (BIWR)

New York State Department of Labor

State Office Campus Building 12 Albany, NY 12240

computers and resource library, free office resources, support services and training.

Rensselaer Public Library

676 East Street Rensselaer, NY 12144

Phone: (518) 462-1193

E-mail: rens1@uhls.lib.ny.us

Website: www.uhls.org/rensselaer

Language(s): English

Hours: Monday 2pm-5pm, Tuesday- 10am-5pm, Wednesday- 10am-8pm, Thursday- 10am-8pm, Friday- 10am-5pm, Saturday- 11am-2pm, Closed Sunday.

Samaritan Hospital: Outpatient Mental Health Clinic

2215 Burdett Avenue Troy, NY 12180

Phone: (518) 271-3374

Language(s): English, Spanish

Provides individual, couple, family and group therapy, psychiatric and/or psychological consultation and monitoring, medication evaluation/management, day and evening hours are available to accommodate work and family commitments, case management.

Schenectady County Public Library

2 Sanford Street Schenectady, NY 12304

Phone: (518) 386-2248

Fax: (518) 386-2248

Website: www.scpl.org

Language(s): English

Hours: Monday - Thursday 1:00 pm - 8:00 pm, Friday - Saturday 1:00 pm - 5:00 pm, Sunday closed.

Schenectady Job Training Agency

797 Broadway Schenectady, NY 12305

Phone: (518) 344-2735

Fax: (518) 382-5988

E-mail: dennis.packard@schenectadycounty.com

Literacy Volunteers of Rensselaer County

1915 Fifth Avenue Troy, NY 12180

Phone: (518) 274-8526

Fax: (518) 274-8610

E-mail: lvorc@nycap.rr.com

Website: www.lvorc.org

Language(s): English, Spanish

Provides free, confidential, one-to-one and small group tutoring to adults and out-of-school teens in Basic Literacy and English for Speakers of Other Languages (ESOL), GED math help, Financial Literacy, English Language Civics, and more.

Refugee and Immigrant Support Services of Emmaus

715 Morris Street Albany, NY 12208

Phone: (518) 482-0486

E-mail: reosgood@aol.com

Website: www.emmausrefugeesupport.org

Language(s): English, French, Ukrainian, Arabic, Cambodian, Urdu

Refugee and Immigrant Support Services of Emmaus (RISEE) provides an after-school program offering English instruction, homework assistance, life skills instruction, and meals. Adult services include social work, pre-employment skill training, job coaching, vocational training, and English classes twelve hours per week.

Rensselaer County One Stop

1600 7th Avenue, 4th Floor Troy, NY 12180

Phone: (518) 270-2860

Fax: (518) 270-2876

E-mail: crrc5@albany.net

Website: www.capreg.org

Provides job market information, job search assistance (resumes, interviewing), employee search assistance,

Phone: (877) 466-9757

E-mail: van@labor.ny.gov

Website: www.labor.ny.gov/biwr

Language(s): English, Language Line: (200+ languages), Spanish

The BIWR addresses the growing needs of immigrant workers in New York State. The BIWR help you get the wages your are owed, recieve Unemployment Insurance Benefits, assists in finding a job or training aid, and helps migrant and seasonal farm workers.

Bureau of Refugee and Immigrant Assistance (BRIA)

40 Pearl Street Albany, NY 12243

Phone: (518) 473-1090

E-mail: nyspio@otda.state.ny.us

Website: www.otda.state.ny.us

Language(s): English, Spanish

Under the Office of Temporary and Disability Assistance (OTDA), the Bureau of Refugee and Immigrant Assistance (BRIA) is responsible for implimenting services to refugees and for the administration of programs targeted at immigrants. Services include: language services, Newcomer Transition Unit, and administrative support.

Cancer Services Program of Albany County

260 Osborne Road Albany, NY 12211

Phone: (518) 454-4017

Fax: (518) 435-9962

E-mail: kathy.dicaprio@cancer.org

Language(s): English

The Program provides free breast and cervical screenings for uninsured women over 40 and free colorectal screening for Uninsured men and women over 50.

Capital District Child Care Coordinating Council

91 Broadway Menands, NY 12204

Phone: (518) 426-7181

Fax: (518) 426-9649
E-mail: cdcccc@cdcccc.org
Website: www.cdcccc.org
Language(s): English, Spanish

Provides resource and referral services for parents in need of child care. The council assists individuals in starting family day care businesses in their homes, conducts training for child care staff, and provides corporate child care services on a contractual basis.

Capital District Educational Opportunity Center (EOC)

145 Congress Street Troy, NY 12180
30 Russell Road Albany, NY 12203
Phone: (518) 273-1900
Fax: (518) 273-1919
E-mail: bardebev@hvcc.edu
Website: www.hvcc.edu/eoc

Language(s): English

The EOC offers academic programs ranging from Adult Basic Education through College Preparation including GED Preparation and English as a Second Language.

Capital District Psychiatric Center (CDPC)

75 New Scotland Avenue Albany, NY 12208
Phone: (518) 447-9611
Fax: (518) 434-0041
Language(s): English

CDPC provides inpatient psychiatric treatment and rehabilitation to patients who have been diagnosed with serious and persistent mental illnesses. CDPC has outpatient treatment services for children, adolescents, and adults.

Capital District Transit Authority

110 Watervliet Avenue Albany, NY 12206
Phone: (518) 437-8300
Website: www.cdta.org
Language(s): English

Provides used furniture, bedding, dishes, kitchenware and utensils to people in need. Must be referred by an agency or church.

Homeless and Travelers Aid Society

138 Central Avenue Albany, NY 12206
Phone: (518) 463-2124
Fax: (518) 463-0263
E-mail: info@hatas.org
Website: www.hatas.org
Language(s): English

Provides services such as housing placement, financial assistance, mental health, and emergency support services.

Hometown Health Centers

1044 State Street Schenectady, NY 12307
Phone: (518) 370-1441
Fax: (518) 395-9431
E-mail: kkarpowicz@hometownhealthcenters.org
Website: www.hometownhealthcenters.org
Language(s): English

A Federally Qualified Community Health Center providing primary health care and dental services to all age groups.

Literacy New York Greater Capital Region

1510 Central Ave. Suite 305 Albany, NY 12205
Phone: (518) 452-3382
Fax: (518) 452-3384
E-mail: rstevens@literacynycap.org
Website: www.literacynyny.org
Language(s): English

Literacy New York Greater Capital Region provides confidential instruction by trained staff and volunteers. Free educational services include: basic literacy instruction in reading, writing and math; ELL (English Language Learning) tutoring and conversation groups; and preparation for the GED and citizenship exams.

Ellis Hospital Mental Health Clinic

1101 Nott Street Schenectady, NY 12308

Phone: (518) 243-3300

Language(s): English, Spanish

The focus of the Outpatient Mental Health Clinic is on the long term goal of living safely and productively in the community with such illnesses as: Depression, Bipolar Disorder (Manic Depression), thought disorders such as Schizophrenia, and long-standing struggles with hopelessness and despair. (518) 243-4000- Information and Referral Hotline. 24 hours a day, 7 days a week.

Families In Need Of Assistance

69 Brookline Avenue Albany, NY 12203

Phone: (518) 489-3734

Language(s): English

Families in Need of Assistance, Inc. serves homeless shelters and victims of family violence.

Food Pantries for the Capital District

32 Essex Street Albany, NY 12206

Phone: (518) 458-1167

Fax: (518) 458-1246

E-mail: benji@foodpantries.net

Website: www.foodpantries.net

Language(s): English

A coalition of 50 food pantries that works together to eliminate hunger in the Capital District. Provides enough groceries to last 3-5 days; office hours: Monday - Friday 8:30am to 4:30pm

Home Furnishings Program

924 Albany Street Schenectady, NY 12307

Phone: (518) 346-2444

Language(s): English

Provides public transportation throughout the Capital District region.

Capital Region BOCES

900 Watervliet-Shaker Road, Suite 102 Albany, NY 12205

Phone: (518) 862-4900

E-mail: cdedrick@gw.neric.org

Website: www.capregboces.org

Language(s): English, Spanish

The mission of the Capital Region Board of Cooperative Educational Services (BOCES) is to provide educational leadership, services and support through services like job training, adult education, etc.

Career Central One Stop

175 Central Avenue Albany, NY 12206

Phone: (518) 462-7600 x162

Fax: (518) 447-5967

E-mail: dougl@capreg.org

Website: www.capreg.org

Language(s): English, Spanish

Provides job market information, job search assistance (resumes, interviewing), employee search assistance, computers and resource library, free office resources, support services and training.

Catholic Charities Of Albany And Rensselaer Counties (CCARC)

100 Slingerland Street Albany, NY 12202

Phone: (518) 426-3511

Fax: (518) 426-3662

E-mail: lindab@ccalbany.org

Language(s): English

The various programs of CCARC provide child care, case work services both in schools and the community, afterschool program, welfare-to-work training and job placement,

juvenile mentoring services, residential summer youth camp, and outreach services.

Catholic Charities Immigration Services

40 N. Main Avenue, Albany, NY 12203

Phone: (518) 453-6650

Fax: (518) 453-6792

Website: www.ccrda.org/ministries.htm

Language(s): English

Provides immigration-related legal services. Services include consultation, counseling, and preparation of petitions and applications for, among other benefits, lawful permanent residency and U.S. citizenship, and assist individuals who are victims of human trafficking.

Catholic Charities Refugee Resettlement Program

40 N. Main Avenue, Albany, NY 12203

Phone: (518) 453-6650

Website: www.ccrda.org/ministries.htm

Language(s): English, Arabic

Provides Reception and Placement services for refugees.

CDPC Schenectady Community Support Center

426 Franklin Street Schenectady, NY 12305

Phone: (518) 374-3403

E-mail: cdoclmk@omh.state.ny.us

Language(s): English, Language Line: (200+ languages)

OMH Prepaid Mental Health Plan services (treatment, crisis, rehabilitation, support/self-help and empowerment) and outpatient mental health clinic treatment services for adults. Ages 18 and older.

Center For Family And Youth (Project Strive)

135 Ontario Street, Box 6240 Albany, NY 12206

Phone: (518) 462-4745

Language(s): English

Multi-service child and family services agency serving troubled youth and their families.

Department of Health

175 Green Street Albany, NY 12202

Phone: (518) 447-4580

Fax: (518) 447-4698

E-mail: dohweb@health.state.ny.us

Website: www.health.state.ny.us

Language(s): English, Spanish

The Albany County Department of Health strives to protect and promote the health of individuals, families, communities and our environment. We work with many other community partners to offer a variety of programs and services to achieve our mission. Prevent communicable and chronic diseases, injuries, and disabilities; protect against environmental hazards that threaten health and safety; and promote the health and development of infants and children and the wellness of our citizens and our communities.

Department of Labor

State Office Campus Building 12 Albany, NY 12240

Phone: 1-888-4-NYSDOL

Languages: English and

E-mail: nysdol@labor.state.ny.us

Website: www.labor.state.ny.us

Language(s): English and Language Line: (200+ languages)

The mission of the New York State Department of Labor is to protect the state's workforce and enforce the labor laws while connecting people to jobs and assisting the unemployed.

Dress for Success

333 Sheridan Avenue Albany, NY 12206

Phone: (518) 463-3175

Language(s): English

Provides business suits for women.